

A GREAT starting point for Self - Personal Growth - Spiritual Growth - Spiritual Healing - Spiritual Living - Spiritual Journey - Self Improvement - Awareness - Motivation - Self Realisation - Confidence in Yourself.□

### Greeting friend

It is fantastic that you are seeking to improve your life in Spiritual and Personal Growth matters, to bring awareness and meaning into your life.

**Become your Own Life-Coach** and improve your life at your own pace.

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format.

**“Without knowing the essence of your being, your heart will always remain empty and dis-satisfied. Without recognition of who you are, without inwardly awakening you stumble like a drunkard through a maze of meaningless limitations.”** Quote from The Mind’s Use-Fullness Depends On Thoughts Of The User

Life is a step by step process from our birth to our death/rebirth.

So each step really does matter.

**What we think and do plays a major role in the outcome of that day, and all the other days that will follow.**

The changing point in my life was when I wanted to understand  
Who I was

.

So I started with my motto:- As long as

I

am learning

something every day, it doesn't matter how small or large that something is, it's something that I didn't know and have learnt and added to my knowledge and character. (The wisdom only came later to put it into practice)



## **So, What is Self Discovery? Self Discovery is the study or research of yourself, finding out about Self.**

It is going back to school in a way but this time the lessons to learn are about you. Life is a constant process of learning. It is about understanding who you are as an individual. Where you come from, and what your purpose is and how do you fit in all of this creation.

Self Discovery Picture "Everyday is a time for Rebirth - sunrise"

Through this discovery you will uncover so much about yourself, and through this awareness you can let go that which no longer serves you, and you can collect that which does.

A never ending process of Perfecting Yourself. Letting your

spirit shine bright as the Star you are. A diamond is carbon which has been placed under pressure, and we see its end result. (A women's best friend) You too are made from carbon.

## **What good is knowledge if we don't put it into practice to enhance our life?**

This knowledge just becomes a lot of words or thoughts, and NO wisdom is involved. It is a bunch of funny stuff in your head, and nothing in your heart. So to become wise, one must apply the knowledge that you have accumulated at this time, WHILE you travel the journey to your destination.

Don't live life aimlessly and without purpose, or the small daily insignificant things or problems will start erode you away. Look at the greater picture of all the days put together in the future, but learn from the past and live positively now in the present and get your mind set right to be truly happy.

## **Which way is the wind blowing, wind being your mind.**

Our state of mind effect's our moods and surroundings, as our surroundings effect's our moods if we let it.

Magic is the movement of energy, and a magician is the creator of this energy. What makes it light or dark and magical is the intent

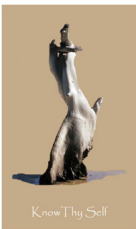
**Every single one of us on this planet is a wizard.**

We all create energy through our minds, actions and deeds. So by becoming aware of these thoughts, action and deeds, we create the magical beautiful, fun filled world we want to live in, or the dark nasty sad world we live in. (The vibration of "heaven" or "hell") Action = Reaction or boomerang effect. What you throw out comes back.

Man has tried to conquer everything outside of himself, and there still is no peace in this world. This can never be achieved as there are too many different forces at play. But when you start to conquer the forces inside of yourself with love and in light, your inner world and our outer world will change and become peaceful.

If we can't love ourselves, we will not love others, let alone care about them. How can you love yourself if you don't know yourself.

## **Know Thy Self**



**You are more than what you have been told you are.**

If there is anything you should invest greatly in, that would be in yourself. Your Soul/Spirit is the only thing that you take with you when you pass through the veil, because that is the REAL you.

**You are Soul/Spirit.**

Your Earth Body is like a coat you are wearing in this incarnation, when you make the transition we call “death”, you

discard this coat which has served you on this Planet of gravity to keep you grounded. Your Soul/Spirit will carry on with your journey in another realm. You cannot get away from the real you, so get to know the real you.

**We are all on a journey of Self Discovery, but depends on you whether you go fast or slow, learn now or later.**

Your task is to create Peace and Unconditional Love with yourself, which in turn will flow outwards to others.

These are two traits that will bring you into your Master Self.

You will not do this if you do not understand who you are. So if you have programmed yourself or allowed others to programme you in the negative, or lack of self worth, Through this Book,

Today is the day to re-programme JOY, POSITIVITY, and SELF LOVE back in your life.

You choose the direction and the people you want to be with, whether it's forward, around or even backwards.

**So choose wisely.**

With Self Realization you will reach different levels in your journey at different times compared to other people you know. The information you receive, and the message doesn't necessary have the same meaning to another person on their level of their cycle of life, and the raising of their consciousness.

**The Sculpture of self is a never ending process.**

**So you decide what you want to look like by chiselling and moulding your shape, or personality. You can call back traits that you don't like and put forward the one's you do, a process of moulding and carving your seed, that seed**

**grows to be the big “YOU”.**

Awareness and imagination are two great tools we have at our disposal.

This Book will bring awareness to you so you can start to notice what is going on inside, and around you so you can release your suffering by becoming aware of your every thought, your words you speak, and the actions you perform, so you can take yourself into your Divine kingdom.

**We are all trying to achieve the same thing, and that's living life.**

**What make us different are the MINDS thoughts.**

## **YOUR MIND IS MAGNETIC.**

Ask yourself "**How big of an IMPACT do I want to have in my Life?**"

If you want to have a Great IMPACT on your life, then this book will help you to do just that.

This book will change your life for the better like it has done for many other beings.

Know Thy Self, to become the Master of your Life.

To rule, or to be ruled over. That is the question.

### **What is a Master?**

Noun:

- An artist of consummate skill.

- A person who has general authority over others (In this case yourself).
- A combatant who is able to defeat.
- Directs the work.
- Presiding officer.
- An original creation.
- An officer who is licensed to command.
- An authority to teach apprentices.
- Key that secures entrance everywhere.

Verb:

- Someone who has become completely proficient or skilled.
- Have Dominance or the power to defeat over.
- Have a firm understanding or knowledge of; be on top.

**Only by constantly learning, can you become a Master of your Self.**

So where do you start?

## Know Thy Self

Alchemy is the transmutation of base metals into gold. Inner alchemy is the process to raise your vibration from dense energy vibration to that of high energy vibration. How do you do that? You may ask. Learn and journey through the 7 major Energy Bodies or Chakras, from the base chakra or earth body to the crown chakra.

**At the end of a rainbow you will find a pot of gold.**

We are **HU** (Colour) **MAN**, our 7 different energy centres are the same as the rainbow, and by Mastering them you will take yourself to the pot of gold which is the Halo in Enlightenment. The Golden Halo around the Masters head

is the “pot of gold at the end of the rainbow”.

**Self Discovery is about understanding your own individuality.**

It is about finding out your strengths, and weakness. It is about finding out who you are. Design your life from your fantasy world. Manifest this beautiful dream into your Earthly reality by grounding your thoughts. Thoughts are air, manifesting your thoughts is Earth, and you do this through your emotions which is water which brings the fire your spirit alive. We are CO-CREATORS and we create through our thoughts all the time.

When the ego is in operation, it shuts down the heart centre, and when the heart centre is open and in control, it shuts down the ego. It is better to have the heart centre open and to operate from this place.

When you **become AWARE OF YOURSELF**, you will become Peace and Love, which is connected to the Light.

Quotes from Book:

***The most incredible architecture***

***Is the architecture of Self,***

***Which is ever changing,***

***Evolving, revolving***

***And has unlimited beauty***

***and Light inside***

***Which radiates  
outwards*** □ □

***for everyone to see  
and feel.***

Gain this

knowledge and  
change your life  
and live in the  
style you dream of.

Purchase this **affo**

**rdable**

60 page

**Personal Growth**

**Book**

which is full of  
coloured  
photographic  
pictures and  
Powerful

# Principles to enhance your Growth

# **It Will Be Your Own Affordable Life-Coaching Book To Guide You.**

You are born  
here, and you  
die there, what  
you do and put  
in between  
those points is  
up to you.

Choose wisely  
to make your  
journey  
magical, fun  
and uplifting.

# The Mind's Use-Fullness Depends On

# The Thoughts Of The User

Invest in this  
knowledge  
with money  
that you would

spend on junk  
food. Spend  
this money on  
information  
that is life  
changing and

in something  
that will  
nourish your  
Mind – Body  
– Soul.

# Know Thy self

Are you

thirsty for  
information  
that will  
change your  
life for the  
better?

Education  
and books  
brings  
knowledge.  
Knowledge  
is Power,

and the  
Wisdom is  
to use the  
Knowledge  
that you  
have

gained.

Practise

makes

Perfect.

Perfect your

life and

become the  
Master of  
your  
Kingdom.

Through  
Self-Discover  
y, you will  
learn what

to sow. Say  
to yourself  
and really  
mean it

■

“

**I love you**

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**and you will**

reap and  
taste the  
Love.

**Enjoy  
your  
journey to  
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**The beauty**

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**action and  
deeds.**

**Energy  
creates**

**energy, so**

**create the  
correct  
energy to  
become  
more**

**mobile and  
energetic.**

# Become your own Life-Coach

■ Money is  
— a means to

an end.

Self

discovery

should be

the

beginning,  
middle and  
end. For  
sale today  
and take

action to  
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life. You will  
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do . **Click**  
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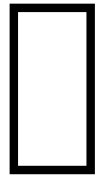
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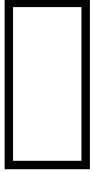
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enhance

your  
personal  
growth.

